



**“Feasting through Fasting Part 2”**

*A Look at Luke*

*Luke 5:33-35*

*January 12, 2020*

*“But when you fast... your Father, who sees what is done in secret, will reward you.” Matthew 6:17-18*

**Three thoughts to help us Feast through Fasting:**

- 1. Highly VALUE the available blessings to us.  
Genesis 25:29-34

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- 2. VINDICATE our spiritual blessings in Christ.  
Ephesians 1:3, Matthew 6:17-18

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- 3. Study the VARIOUS motives for fasting to see how God released His blessing in Scripture.

- i. The Bridegroom Fast (Luke 5:33-35)  
The focus of this fast is to seek spiritual PROLIFERATION.

- ii. Paul’s Fast (Acts 9:9-19)  
The focus of this fast is to seek God’s PURPOSE or PLAN for our lives.

- iii. Elijah’s Fast (1 Kings 19:3-5)  
The focus of this fast is to seek PERSONAL breakthrough.
- iv. The Disciple’s Fast (Matthew 17:14-21)  
The focus of this fast is to seek God’s POWER for deliverance.
- v. The Widow’s Fast (1 Kings 17:7-16)  
The focus of this fast is to seek God’s PROVISION.
- vi. Ezra’s Fast (Ezra 8:21-23)  
The focus of this fast is to seek God’s solution to a PROBLEM.
- vii. Esther’s Fast (Esther 4:12-17)  
The focus of this fast is to seek God’s PROTECTION.

**Question to Consider:**

- Do I value the blessings Christ desires for me to have?
- Am I willing to take hold of what He has for me regardless of the price?
- What fast resonates with me in this season of my life?
- Will I apply fasting to see God’s blessing released in my life?

**What is the Holy Spirit prompting me to do?**

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